

**Project Wangkuta:
the iKnowMine Youth Advisory Board**

Overview:

This document contains information and an application for the 2024-2025 iKnowMine Youth Advisory Board.

The Alaska Native Tribal Health Consortium is recruiting youth and young adult participants (ages 12-17 years old) to advise ANTHC on issues related to holistic health.

For the 2024-2025 project year, youth members will participate in public health activities like outreach and updating posters for iKnowMine.org. Compensation is available for youth time spent attending these meetings and working through the activities.

Completed applications are accepted on a rolling basis, and may be submitted to the ANTHC HIV/STD Prevention Program. Applications may be accepted online or through in-person delivery, mail, or email. They can be delivered to:

Alaska Native Tribal Health Consortium (ANTHC)
ATTN: Millie Voight
4115 Ambassador Drive, STE 201
Anchorage, AK 99508
Email: iknowmine@anthc.org // Phone: 907-729-3970

Land Acknowledgement:

The iKnowMine Team is based out of the HIV/STD Prevention Program at the Alaska Native Tribal Health Consortium (ANTHC). Base operations of ANTHC are located in Anchorage, AK on the traditional lands of the Dena'ina people. Thank you for your past and present stewardship of the waters, plants, lands, animals, and the spiritual practices of this place.

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Purpose

The purpose of the iKnowMine Youth Advisory Board (YAB) is for the Alaska Native Tribal Health Consortium (ANTHC) HIV/STD Prevention Program to provide a safe space for youth to be able to confidently offer their perspectives on public health programs that are designed to promote health and wellness in the lives of Native youth and young adults across Alaska. Through the YAB, the ANTHC HIV/STD Prevention Program hopes to gain youth perspectives on how to best address holistic health-related programming needs, challenges and opportunities.

Mission

The Mission of the YAB is to advise the ANTHC HIV/STD Prevention Program by offering their perspectives on interventions and programs, designed to promote health and wellness in the lives of Native youth and young adults across Alaska.

Goals

Through the YAB, we hope to increase awareness of the holistic health issues and programs designed to address them among the Native youth and young adult population in Alaska.

The goals of the YAB are to complete the following by the end of the service year:

1. 1. Make the iKnowMine poster inclusive for more cultures and regions.
2. 2. Participate in outreach activities related to Spawn Safely, World AIDS Day, and the National Native HIV/AIDS Awareness Month.

Participation Overview

Members of the YAB will participate in hybrid discussions - through Zoom and in-person - and engage as a team in order to achieve the goals of the program. Meeting 1 YAB sessions will include: A brief intro and discussions about the posters and previous outreach activities. Meeting 2 YAB sessions will include outreach activities.

- Seats: 6-10
- Term: Every month from October 2024-June 2025
- Platform: Hybrid - Zoom and in-person
- Meeting 1 Activities:
 - Participate in a monthly meeting about the iKnowMine posters.
 - At the end of the year: Provide feedback for FY26 iKnowMine Youth Advisory Board.
- Meeting 2 activities include:
 - Participating in monthly meetings for outreach, public health initiatives, and attend administrative meetings.
 - Other opportunities announced by YAB staff as they arise. This may include participating in a youth panel or presenting at the annual Community Partner Gathering.

Expected Outcomes for Members

Members who are highly engaged will:

- Develop leadership skills and work experience
- Increase self-esteem and confidence related to voicing needs when working with others
 - Develop problem-solving skills
 - Learn how to work as part of a team in a diverse workgroup
 - Connect with other youth in a safe space
- Learn about what public health is, in addition to the different programs, resources and services related to youth health
- Gain confidence in expressing youth needs and expectations for the organization and program

Eligibility Overview

All Members are required to submit a complete YAB Application. All participants must have parent permission & acknowledgement on all application documents to participate.

For consideration to the YAB, Members are required to:

- Be aged between 12-17 years old.
- Have Zoom/Teleconference abilities and/or transportation to and from meetings if living in Anchorage.
- Be able to attend most of the sessions.

The following experiences are preferred, but not required:

- Self-identification as Alaska Native and/or American Indian
- Experience living in rural Alaska
- 2SLGBTQ+ self-identification

Schedule

Dates, times, topics are subject to change.

Meeting 1 (required)	Session Activities	Meeting 2 (optional)	Session Activities
October 9 th 4:30 pm-5:30 pm	YAB Activities Overview	October 13 th -16 th	Elders and Youth Conference Tabling
November 13 th 4:30 pm-5:30 pm	Orientation, Elders and Youth Debrief, World AIDS Day Planning	November 27 th 4:30 pm-5:30 pm	Youth Alaska Blanket Exercise
December 11 th 4:30 pm-5:30 pm	Poster Discussion Guest Presentation!	December 1 st World AIDS Day	Based on November 13 th planning
January 8 th 4:30 pm-5:30 pm	Poster Discussion - Images	January 22 nd 4:30 pm-5:30 PM	Naloxone Certification
February 12 th 4:30 pm-5:30 pm	Poster Discussion - Languages	February Week of the 10 th	Valentine's Day Outreach
March 12 th 4:30 pm-5:30 pm	Debrief Valentine's Outreach, plan NNAHD Outreach	March	NNAHD Outreach
April 9 th 4:30 pm-5:30 pm	Posters – What happens next? Guest Presentation!	April 23 rd 4:30 pm-5:30 pm	HoloLens Guest Presentation!
May 14 th 4:30 pm-5:30 pm	FY25 YAB Recruitment Planning	May 28 th 4:30 pm-5:30 pm	FY25 Recruitment Material Build
June 11 th 4:30 pm-5:30 pm	End-of-Year Celebration!	June	Potential for Pride Outreach

Activities Overview

Meeting 1 activities	Measure of successfully completing activities	Number of opportunities	Time expectation	Total
Eligibility Overview/Orientation	Attendance at Orientation Session	1	1 hour	1 hour
Monthly Sessions	Attendance at beginning and end of sessions, active participation in teamwork activities	8	1 hour each	8 hours
Total Meeting 1 Hours				9 hours
Meeting 2 Activities	Measure of successfully completing activities	Number of opportunities	Time Requested	Total
Monthly Outreach Activities	Attendance	5	1 hour each	5 hours
Guest Presentations	Attendance	2	1 hour each	2 hours
Total Meeting 2 Hours				7 hours
Total Youth Advisory Board Time Commitment				16 hours

Additional opportunities for engagement include: participating in public health initiatives like outreach, application reviews, and other volunteer opportunities announced by YAB staff.

Attendance Details

Each member is allowed up to two excused absences from YAB meetings. To be excused, members must communicate with YAB staff in advance to inform us that you will be unable to attend.

Excused absences will be approved on a case-by-case basis by YAB staff. Confirmation will be sent to the member and parent directly. Allowable absences may include, but is not limited to: family emergencies, personal physical and/or mental emergencies, participation in subsistence activities, conflicts with school-related activities, etc.

Activities Details

Members are expected to attend and engage in Meeting 1 sessions, unless otherwise excused.

Members are requested to participate in the following activities throughout their YAB participation:

- Participate in outreach events. These include:
 - Tabling for Elder's and Youth
 - World AIDS Day Outreach
 - Valentine's Day Outreach
 - National Native HIV/AIDS Awareness Month Outreach
 - Potentially Pride Outreach
 - FY25 YAB Recruitment Build
- Attend guest-speaker presentations. These include:
 - The Youth Alaska Blanket Exercise
 - HoloLens
 - Naloxone Certification

Compensation Details

Members will be compensated for their time with \$50 gift cards. The compensation will be issued directly by YAB staff to the member after each meeting, provided that the member is eligible to claim compensation. To be eligible, members must:

- Actively participate in Meeting 1 sessions, or have an excused absence.
- Actively participate in Meeting 2 sessions, including outreach/presentation activities.

Members receiving compensation may not use the gift cards to redeem for cash, purchase tobacco, alcohol or firearms, or be transferred to other parties. Members in violation of these guidelines may forfeit their eligibility to receive said compensation and/or involvement of the YAB, as determined by YAB staff.

