

Ask clinical  
questions

Tackle  
organizational  
barriers

Improve  
addiction  
medicine  
services

ANTHC's  
Behavioral Health  
Department is  
committed to  
improving  
addiction medicine  
services in Alaska.

Interested in  
stepping up to help  
address substance  
use in your area?

ANTHC is offering  
**FREE** consultation  
services to  
providers in  
Alaska.



ALASKA NATIVE  
TRIBAL HEALTH  
CONSORTIUM



Contact [behavioralhealth@anthc.org](mailto:behavioralhealth@anthc.org) to learn more

The addiction medicine consultation is supported by a grant from the Foundation for Opioid Response Efforts (FORE), Improving Access to Opioid Use Disorder Treatment and Recovery Services for Underserved Populations and Communities. Its contents are solely the responsibility of the consultants and do not necessarily represent the views of the FORE.

# Addiction Medicine Consultation

Opioid and substance use disorders heavily impact Alaska Native communities. ANTHC and project partners are committed to increasing access to addiction medicine through providing access to expert knowledge for **providers, administrators**, and others who serve Alaska Native people.

## Who can utilize consultation services?

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Consultation services are geared toward providers who serve rural Alaska Native people. Consultation can also apply to administration, behavioral health staff, and others who have an impact on the care of individuals in recovery. Consultation is also available for free to anyone outside of tribal health, though tribal health organizations are priority.

## What topics can be addressed during consultation?

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We know that there are many needs to be addressed, but the following are a few topic areas that consultants can help with:

- How to get waived for buprenorphine
- Medication assisted treatment (MAT) delivery through telemedicine
- How and where to properly store medication for MAT in your clinic
- Treatment adherence
- Patient engagement
- The role of community health aides (CHA) in MAT delivery

## What level of commitment and time does this require?

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There is no minimum time requirement or commitment that ANTHC asks of you in order to utilize consultation services. The level of time and commitment depends on your needs and what you hope to gain out of consultation. Generally, this process starts with a one hour-long meeting with a provider consultant who can answer any questions and provide helpful resources.

## What are some other resources for addiction medicine?

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- ANTHC's Behavioral Health Department has developed a Medication Assisted Treatment (MAT) Toolkit for Rural Alaska. Contact [behavioralhealth@anthc.org](mailto:behavioralhealth@anthc.org) to access your copy of the toolkit.
- Join the Addiction Medicine ECHO Training (every 2<sup>nd</sup> and 4<sup>th</sup> Thursday of each month): [anthc.org/project-echo/addiction-medicine-echo/](https://anthc.org/project-echo/addiction-medicine-echo/). [Register Here.](#)



# Behavioral Health Wellness Clinic

Alaska Native Tribal Health Consortium

A behavioral health clinic designed to meet your everyday behavioral health needs. All services are provided via telehealth.

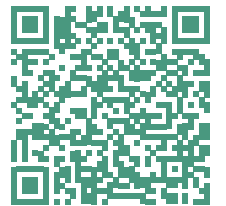


## Connect to compassionate care today!

**Call** 1 (833) 642-2492 or (907) 729-2492

**Talk** to your provider about a referral

**Visit** [www.anthc.org/BHWC](http://www.anthc.org/BHWC) to fill out an intake form



Promoting Alaska Native and American Indian wellness through compassionate and easy-to-connect to behavioral health services.



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## What We Do

## What We Don't Do

Telehealth	In-person services
Everyday Behavioral Health Treatment For example: Stress, anxiety, depression, trauma, substance use, relationship distress, grief and loss, health behavior change (e.g., diet, exercise, sleep)	Specialty Behavioral Health Treatment For example: Severe and persistent mental illness, personality disorders, eating disorders, psychiatric medication management
Brief, open-access, evidence-based model of care For example: Brief individual counseling and open-access groups, trauma-informed Cognitive Behavioral Therapies	Long-term, wrap-around, or emergency care For example: Psychoanalytic or psychodynamic therapy, Assertive Community Treatment, on-call crisis care
Adult Services (18 and up)	Child & Adolescent
Family support for substance use (CRAFT) & parenting support	Couples or family therapy
Substance use & mental health assessments	Psychological testing
Strengths-Based Care	Deficit-Based Care
Referral Support Services	Intensive Case Management
Trauma informed, harm reduction approach	Abstinence only approach
Support THO Services	Replace THO Services